

# Endsay

Promotes joint health  
All in one

## 1 Chondroitin Sulfate

It is one of the building blocks of cartilage, it might slow the cartilage breakdown in osteoarthritis.

## 2 Glucosamine Sulfate

It is used to treat the painful condition caused by inflammation, breakdown and eventual loss of cartilage.

So taking it orally for at least four weeks provide some pain relief and improve function for people with osteoarthritis.

## 3 MSM "Methylsulfonylmethane"

It is a supplement that is helpful in reducing joint pain, lowering inflammation, improving skin health and speeding recovery after exercises.

## 4 Hyaluronic Acid

It is a major component of synovial fluid which is found between joints keeping them lubricated. It helps to relieve joint pain and improve bone health. It plays a vital role in the formation of hyaline cartilage which provides support and flexibility to bones.

## 5 Collagen

It provides structure, strength and support throughout the whole body. It helps replacing dead skin cells. It also improves symptoms of osteoarthritis such as stiffness and pain.



All You Need For Osteoarthritis



## OSTEOARTHRITIS

It is the most common form of arthritis affecting millions of people worldwide, It occurs when the protective cartilage that cushions the ends of the bones wears down over time and the bones rub against each other causing what is called "OSTEOARTHRITIS".

It can damage any joint and the damage unfortunately cannot be reversed. Its common symptoms are pain, stiffness and loss of flexibility.

It is more common in elder people and women are more likely than men to have osteoarthritis especially after age 50 and after menopause.

Also younger people can develop osteoarthritis as a result of joint injury, abnormal joint structure or genetic defect in joint cartilage.

It is classified into two types:

- The primary osteoarthritis which is more common and develop by age
- The secondary osteoarthritis which is developed after injury or trauma

There are four stages of osteoarthritis:

Stage one, two and three can be treated and maintain joint's health and flexibility, also prevent any further deterioration

**RISK FACTORS OTHER THAN GENDER OR GENETIC:**  
**Obesity - Diabetes - High cholesterol**

**DIRECTION OF USE:**  
**One tablet twice daily after meals**

## Promotes joint health

